

Week 1

Weeks beginning 5.9.22 3.10.22 7.11.22 5.12.22 16.1.23 20.2.23 20.3.23 1.5.23
12.6.23 10.7.23

	Main Course	Puddings
Monday	<p>Fish cake, beans & bread roll</p> <p>Jacket potato & tuna, cheese or beans</p> <p>Cheese baguette</p> <p>Peas, sweetcorn & salad bar available to all</p>	<p>Frozen yoghurt</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Tuesday	<p>Roast beef</p> <p>Veggie balls</p> <p>Cheese roll</p> <p>With Yorkshire pudding, roast or mashed potatoes & assorted vegetables</p>	<p>Apple crumble & custard</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Wednesday	<p>spaghetti bolognese (suitable for vegetarians)</p> <p>Jacket potato with beans and/or cheese</p> <p>Fish finger baguette</p> <p>Peas, sweetcorn & salad bar available to all</p>	<p>Angel delight</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Thursday	<p>Roast chicken</p> <p>Veggie sausage</p> <p>Cheese roll</p> <p>with Yorkshire pudding, roast or mashed potatoes and assorted vegetables</p>	<p>Rice pudding & dried fruit</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p> <p>Cheese and biscuits</p>
Friday	<p>Chicken bites & smiley faces</p> <p>Quorn nuggets & smiley faces</p> <p>Jacket potato with beans and/or cheese</p> <p>Tuna baguette</p> <p>Peas, sweetcorn & salad bar available to all</p>	<p>Assorted buns & biscuits</p> <p>Yoghurt</p> <p>Piece of fruit</p>

Week 2 Weeks beginning 12.9.22 10.10.22 14.11.22 12.12.22 23.1.23 27.02.23 27.3.23 8.5.23
 19.6.23 17.7.23

	Main Course	Puddings
Monday	<p>Chicken tikka masala, rice & naan bread</p> <p>Omelette, beans & buttered baguette</p> <p>Jacket potato with tuna, cheese or beans</p> <p>Cheese baguette</p> <p>Peas, sweetcorn & salad bar available to all</p>	<p>Ice-cream</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Tuesday	<p>Roast turkey</p> <p>Veggie sausage</p> <p>Cheese roll</p> <p>With Yorkshire pudding, roast or mashed potatoes & assorted vegetables</p>	<p>Apple crumble & custard</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Wednesday	<p>Pork meat balls in tomato sauce & pasta</p> <p>Veggie balls in tomato sauce & pasta</p> <p>Jacket potato with baked beans and/or cheese</p> <p>Fish finger baguette</p> <p>Salad bar available to all</p>	<p>jelly</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Thursday	<p>Roast chicken</p> <p>Veggie sausage</p> <p>Cheese roll</p> <p>With Yorkshire pudding, roast or mashed potatoes and assorted vegetables</p>	<p>Syrup sponge & custard</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Friday	<p>Pizza</p> <p>Baked potato with beans and/or cheese</p> <p>Tuna baguette</p> <p>Salad bar available to all</p>	<p>Assorted buns & biscuits</p> <p>Yoghurt</p> <p>Piece of fruit</p>

Week 3

Weeks beginning 19.9.22 17.10.22 21.11.22 3.1.23 30.1.23 6.3.23 17.4.23 15.5.23
26.6.23 24.7.23

	Main Course	Puddings
Monday	<p>Salmon nuggets & herby cubed potatoes</p> <p>Pasta margherita</p> <p>Jacket potato with tuna, beans or cheese</p> <p>Cheese baguette</p> <p>Peas, sweetcorn & salad bar available to all</p>	<p>Arctic roll</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Tuesday	<p>Roast Beef</p> <p>Veggie sausage</p> <p>Cheese roll</p> <p>With Yorkshire pudding, mashed or roast potatoes and assorted vegetables</p>	<p>Apple crumble & custard</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Wednesday	<p>Quorn lasagne</p> <p>Jacket potato with cheese and/or beans</p> <p>Fish finger baguette</p> <p>Salad bar available to all</p>	<p>Cheese cake</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Thursday	<p>Roast chicken</p> <p>Veggie sausage</p> <p>Cheese roll</p> <p>With Yorkshire pudding, mashed or new potatoes and assorted vegetables</p>	<p>Chocolate sponge</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Friday	<p>Pork sausages in a baguette</p> <p>Jacket potato with cheese and/or beans</p> <p>Veggie and cheese bakes, smiley faces & beans</p> <p>Quorn burger in a bun</p> <p>Salad bar available to all</p>	<p>Assorted buns & biscuits</p> <p>Yoghurt</p> <p>Piece of fruit</p>

Week 4
3.7.22

Weeks beginning 26.9.22 31.10.22 28.11.22 9.1.23 6.2.23 13.3.23 24.4.23 22.5.23

	Main Course	Puddings
Monday	<p>Cajun chicken wraps</p> <p>Vegetarian chilli & rice</p> <p>Jacket potato with tuna, beans or cheese</p> <p>Cheese baguette</p> <p>Peas, sweetcorn & salad bar available to all</p>	<p>Ice-cream</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Tuesday	<p>Roast Turkey</p> <p>Cheese roll</p> <p>Veggie sausage</p> <p>With Yorkshire pudding, mashed or roast potatoes and assorted vegetables</p>	<p>Apple crumble & custard</p> <p>Yoghurt</p> <p>Piece of fruit</p> <p>Fresh fruit salad</p>
Wednesday	<p>Salmon nuggets & herby cubed potatoes</p> <p>Macaroni cheese</p> <p>Jacket potato with cheese and/or beans</p> <p>Fish finger baguette</p> <p>Salad bar available to all</p>	<p>Jelly</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Thursday	<p>Roast chicken</p> <p>Veggie sausage</p> <p>Cheese roll</p> <p>With Yorkshire pudding, mashed or new potatoes and assorted vegetables</p>	<p>Iced sponge & custard</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>
Friday	<p>Chicken burger in a bun</p> <p>Veggie burger in a bun</p> <p>Jacket potato with cheese and/or beans</p> <p>Tuna baguette</p> <p>Salad bar available to all</p>	<p>Assorted buns & biscuits</p> <p>Yoghurt</p> <p>Piece of fruit</p>

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